



Entrance qualifications and course structure

Prior to attending the course, the participants must:

- have extensive experience with riding and the handling of horses
- be familiar with the gaits of the Icelandic horse
- know and be able to use basic suppling exercises like relaxation and riding on circles
- know and be able to use sideways-pushing aids, leg-yield and such
- know how and be able to ride a horse in full-seat, half-seat and posting the trot

Total amount of lessons in course: 14 x 40 minutes

Grouplessons: 6 x 40 min.

Monday: Demonstration 40 min.

Friday: Demonstration 40 min. – Lecture 40 min.

Saturday: Assessment 90 min. – Lecture 40 min.

Lessons in pairs: 3 x 40 min.

Monday: Practical lesson 40 min.

Tuesday: Practical lesson 40 min. – Demonstration 40 min.

Private lessons: 5 x 40 min.

Tuesday-Friday: Practical lessons 5 x 40 min.

Additional activities:

2 hours introductory meeting

2-3 hours allocation of horses

6 x 40-60 min. with extra material

1 x 30 min. and 3 x 1-1,5 hour riding tours